


July 2024 - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	11:00 Gentle Fitness [CR] 1 1:30 Word Games [P] 2:00 Trivia [P] 2:30 Shuffleboard [O]	10:00 Emergency Preparedness Meeting [CR] 2 10:00 Sit and Be Fit with Brenda [F] 1:00 Grip Practice [CR] 1:45 Chair Yoga [CR] 2:30 Farkle [P] 6:00 Play Cards or Other Games [P]	7:00 Wear Something Tropical Today 3 11:00 Gentle Fitness [CR] 1:00 Safe at Home with Dr. Bill [PD] 2:30 Tropical Happy Hour [MD] 6:00 Cribbage, Darts, & Jenga! [P]	Independence Day 4 10:30 Resident's Walking Group [L] 1:00 Mexican Train, Trouble, Pool or Cribbage [P]	11:00 Gentle Fitness [CR] 5 1:00 Balloon Ball [CR] 2:30 Coney Island Bags [O]	10:00 Meet with Friends for Coffee and Danish [B] 6 10:30 Resident's Walking Group [L] 2:00 Meet with Friends in the Pub for Games, Puzzles and Visits [P]	
10:30 Christ our Light Catholic Service on TV [PD] 7 10:30 Resident's Walking Group [L] 1:30 Games with Friends! [P]	11:00 Gentle Fitness [CR] 8 12:30 Monthly Wellness Chat with Aegis [FR] 1:30 Word Games [P] 2:00 Trivia [P] 2:30 Shuffleboard [O]	10:00 Sit and Be Fit with Brenda [F] 9 10:00 Resident Council Meeting [P] 10:30 Resident's Walking Group [L] 1:00 Grip Practice [CR] 1:45 Chair Yoga [CR] 2:30 Farkle [P] 6:00 Play Cards or Other Games [P]	11:00 Gentle Fitness [CR] 10 12:30 Nail Painting Sign up [P] 1:00 Bible Study with John&Shirley [PD] 1:00 Safe at Home with Dr. Bill [PD] 2:30 Coney Island Bags [O] 6:00 Cribbage, Darts, & Jenga! [P]	10:30 Resident's Walking Group [L] 11 1:00 Let's go Fishing in the Fish Pond [CR] 1:00 Mexican Train [PD] 1:00 Card Games - Bunco [P] 2:30 Bingo [P]	11:00 Gentle Fitness [CR] 12 1:00 Balloon Ball [CR] 2:30 Happy Hour Music Main Dining [MD]	10:00 Meet with Friends for Coffee and Danish [B] 13 10:30 Resident's Walking Group [L] 2:00 Meet with Friends in the Pub for Games, Puzzles and Visits [P]	
10:30 Church with John&Shirley [CR] 14 10:30 Christ our Light Catholic Service on TV [PD] 10:30 Resident's Walking Group [L] 1:30 Games with Friends! [P]	8:00 Mary Ann is off Today 15 11:00 Gentle Fitness [CR] 11:45 Lunch Outing - Sign up 1:30 Word Games [P] 2:00 Trivia [P] 2:30 Shuffleboard [O]	10:00 Sit and Be Fit with Brenda [F] 16 10:30 Resident's Walking Group [L] 1:00 Grip Game Scrimmage [CR] 1:45 Chair Yoga [CR] 2:30 Farkle [P] 6:00 Play Cards or Other Games [P]	11:00 Gentle Fitness [CR] 17 11:45 Lunch Outing Sammy's Pizza - Sign up! [L] 1:00 Bible Study with John&Shirley [MD] 1:00 Safe at Home with Dr. Bill [PD] 2:30 Coney Island Bags [O] 6:00 Cribbage, Darts, & Jenga! [P]	10:30 Resident's Walking Group [L] 18 11:00 Food Truck Thursday in the Parking Lot 1:00 Mexican Train, Trouble, Pool or Cribbage [P] 1:00 Card Games - Bunco [P] 2:30 Bingo [P]	11:00 Gentle Fitness [CR] 19 1:00 Balloon Ball [CR] 2:00 July Birthday Celebration [P] 2:30 Happy Hour Social [P]	10:00 Meet with Friends for Coffee and Danish [B] 20 10:30 Resident's Walking Group [L] 2:00 Meet with Friends in the Pub for Games, Puzzles and Visits [P]	
10:30 Christ our Light Catholic Service on TV [PD] 21 10:30 Resident's Walking Group [L] 1:30 Games with Friends! [P]	11:00 Gentle Fitness [CR] 22 12:30 Walmart Outing - Sign up [L] 1:30 Word Games [P] 2:00 Trivia [P] 2:30 Shuffleboard [O]	10:00 Sit and Be Fit with Brenda [F] 23 10:30 Resident's Walking Group [L] 1:00 Grip Games Challenge [CR] 1:45 Chair Yoga [CR] 2:30 Farkle [P] 6:00 Play Cards or Other Games [P]	11:00 Gentle Fitness [CR] 24 12:00 Nail Painting Sign up [P] 1:00 Safe at Home with Dr. Bill [PD] 2:30 Coney Island Bags [O] 6:00 Cribbage, Darts, & Jenga! [P]	10:30 Resident's Walking Group [L] 25 1:00 Fish Fry [CR] 1:00 Mexican Train, Trouble, Pool or Cribbage [P] 1:00 Card Games - Bunco [P] 2:30 Bingo [P]	11:00 Gentle Fitness [CR] 26 1:00 Balloon Ball [CR] 2:30 Happy Hour Main Dining [MD]	10:00 Meet with Friends for Coffee and Danish [B] 27 10:30 Resident's Walking Group [L] 2:00 Meet with Friends in the Pub for Games, Puzzles and Visits [P]	
10:30 Church with John&Shirley [CR] 28 10:30 Christ our Light Catholic Service on TV [PD] 10:30 Resident's Walking Group [L] 1:30 Games with Friends! [P]	11:00 Gentle Fitness [CR] 29 1:30 Word Games [P] 2:00 Trivia [P] 2:30 Shuffleboard [O]	10:00 Sit and Be Fit with Brenda [F] 30 10:30 Resident's Walking Group [L] 1:00 Grip Games Challenge [CR] 1:45 Chair Yoga [CR] 2:00 National Cheesecake Day [B] 2:30 Farkle [P] 6:00 Play Cards or Other Games [P]	11:00 Gentle Fitness [CR] 31 1:00 Bible Study with John&Shirley [PD] 1:00 Safe at Home with Dr. Bill [PD] 2:30 Coney Island Bags [O] 6:00 Cribbage, Darts, & Jenga! [P]	 <ul style="list-style-type: none"> B Bistro CR Community Room F Fitness Room FR Fitness Room L Lobby MD Main Dining Room O Outside P Pub PD Private Dining Room 			